



Enneagram #2 – The Helper is selfless, kind, generous, friendly and flattering.

Luke 10:40—The Story of the Exasperated Helper

A Positive Reflection of the Helper

Luke 10:38-40b (TPT)

As Jesus and the disciples continued on their journey, they came to a village where a woman welcomed Jesus into her home. Her name was Martha and she had a sister named Mary. Mary sat down attentively before the Master, absorbing every revelation he shared. ...

1. She is the most hospitable person in the house.
2. She does all the work without asking for help.
3. She gets through her to-do list unwaveringly.
4. She is focused on the needs of others.

The Problem - “She does it all” = Proudful

The Negative Reflection of the Helper

Luke 40:40c-41 (TPT)

But Martha became exasperated by finishing the numerous household chores in preparation for her guests, so she interrupted Jesus and said, “Lord, don’t you think it’s unfair that my sister left me to do all the work by myself? You should tell her to get up and help me.” The Lord answered her, “Martha, my beloved Martha. Why are you upset and troubled, pulled away by all these many distractions? Are they really that important?”

1. She served with expectations.
2. She secretly wants help, but won’t ask for it.
3. She put her master list in front of the Master.
4. She actually thought she knew what Mary needed more than Jesus did.

The Pro - “She gets the job done” = Productive

The Best Reflection of the Helper

Luke 10:42 (TPT)

“Mary has discovered the one thing most important by choosing to sit at my feet. She is undistracted, and I won’t take this privilege from her.”

Jesus as the ultimate helper teaches Martha that the motive is far more important than the task at hand.

Healthy Helpers Reflect

- Serving without expectation.
- Love for people, more than projects and plans.
- Life prioritized by the most important thing in the universe – worshipping Jesus.

Obadiah 1:3 (NLT)

You have been deceived by your own pride because you live in a rock fortress and make your home high in the mountains. ‘Who can ever reach us way up here?’ you ask boastfully.

Who I am comes from God’s love for me, not from what I do.

Twos need us to love and appreciate their:

- Sacrificial and selfless devotion to the needs of others.
- Enthusiasm and excitement for life.
- Value and virtue apart from what they do.

Pastor Rick’s Reading List

The Road Back to You
The Path Between Us

Ian Morgan Cron and Suzanne Stabile
Suzanne Stabile



Enneagram #2 – The Helper is selfless, kind, generous, friendly and flattering.

Luke 10:40—The Story of the Exasperated Helper

A Positive Reflection of the Helper

Luke 10:38-40b (TPT)

As Jesus and the disciples continued on their journey, they came to a village where a woman welcomed Jesus into her home. Her name was Martha and she had a sister named Mary. Mary sat down attentively before the Master, absorbing every revelation he shared. ...

1. She is the most _____ person in the house.
2. She does _____ without asking for help.
3. She gets through her _____ unwaveringly.
4. She is focused on the _____.

The Problem - “She does it _____” = Prideful

The Negative Reflection of the Helper

Luke 40:40c-41 (TPT)

But Martha became exasperated by finishing the numerous household chores in preparation for her guests, so she interrupted Jesus and said, “Lord, don’t you think it’s unfair that my sister left me to do all the work by myself? You should tell her to get up and help me.” The Lord answered her, “Martha, my beloved Martha. Why are you upset and troubled, pulled away by all these many distractions? Are they really that important?”

1. She served with _____.
2. She _____ wants help, but won’t _____.
3. She put her _____ in front of the Master.
4. She actually thought she knew what Mary needed more than _____ did.

The Pro - “She gets the _____ done” = Productive

The Best Reflection of the Helper

Luke 10:42 (TPT)

“Mary has discovered the one thing most important by choosing to sit at my feet. She is undistracted, and I won’t take this privilege from her.”

Jesus as the ultimate helper teaches Martha that the motive is far more important than the task at hand.

Healthy Helpers Reflect

- _____ without expectation.
- _____ for people, more than projects and plans.
- _____ prioritized by the most important thing in the universe – _____ Jesus.

Obadiah 1:3 (NLT)

You have been deceived by your own pride because you live in a rock fortress and make your home high in the mountains. ‘Who can ever reach us way up here?’ you ask boastfully.

Who I am comes from _____ for me, not from what I do.

Twos need us to love and appreciate their:

- _____ and selfless devotion to the needs of others.
- _____ and excitement for life.
- _____ and virtue apart from what they do.

Pastor Rick’s Reading List

The Road Back to You
The Path Between Us

Ian Morgan Cron and Suzanne Stabile
Suzanne Stabile